



## MEMBERS

### NEW CLOSING TIMES

Commencing **Monday 1<sup>st</sup> July** the Fitness Centre will close at **10PM** Monday to Thursday.

### CLASS CHANGES

The Following change to classes will commence from **1<sup>st</sup> July:**

**MONDAY:** 5PM ATHLETIC STEP – CANCELLED

4PM SHAPE – MOVED TO 5PM

**TUESDAY:** 6PM SHAPE – CANCELLED

5PM CROSS TRAINER – MOVED TO 6PM

4PM BOXING – MOVED TO 5PM

**WEDNESDAY:** 5PM SHAPE – CANCELLED

4PM FAT BURNER – MOVED TO 5PM

**THURSDAY:** 4:30PM FOAM ROLLER – CANCELLED

*MANAGEMENT*