

THE JUNIORS FITNESS CENTRE



Pool Availability.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6.00am	3 Lanes	5 Lanes	3 Lanes	5 Lanes	3 Lanes	Closed	Closed
6.30	3 Lanes	5 Lanes	3 Lanes	5 Lanes	3 Lanes	Closed	Closed
7.00	2 Lanes	5 Lanes	2 Lanes	5 Lanes	2 Lanes	Learn 2 Swim	Learn 2 Swim
7.30	2 Lanes	5 Lanes	2 Lanes	5 Lanes	2 Lanes	Learn 2 Swim	Learn 2 Swim
8.00	Aqua	Aqua	4 Lanes	5 Lanes	Aqua	Learn 2 Swim	Learn 2 Swim
8.30	Aqua	Aqua	4 Lanes	5 Lanes	Aqua	Learn 2 Swim	Learn 2 Swim
9.00	5 Lanes	Aqua	4 Lanes	Aqua	Aqua	Learn 2 Swim	Learn 2 Swim
9.30	5 Lanes	Aqua	4 Lanes	Aqua	Aqua	5 Lanes	5 Lanes
10.00	5 Lanes	4 Lanes	4 Lanes	4 Lanes	4 Lanes	5 Lanes	5 Lanes
10.30	5 Lanes	4 Lanes	4 Lanes	4 Lanes	4 Lanes	5 Lanes	5 Lanes
11.00	5 Lanes	4 Lanes	4 Lanes	4 Lanes	4 Lanes	5 Lanes	5 Lanes
11.30	5 Lanes	4 Lanes	4 Lanes	4 Lanes	4 Lanes	5 Lanes	5 Lanes
12.00pm	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes
12.30	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes
1.00	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	4 Lanes	5 Lanes
1.30	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	4 Lanes	5 Lanes
2.00	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	4 Lanes	5 Lanes
2.30	5 Lanes	4 Lanes	5 Lanes	4 Lanes	5 Lanes	4 Lanes	5 Lanes
3.00	5 Lanes	4 Lanes	4 Lanes	4 Lanes	5 Lanes	4 Lanes	5 Lanes
3.30	3 Lanes	3 Lanes	3 Lanes	3 Lanes	4 Lanes	4 Lanes	5 Lanes
4.00	3 Lanes	3 Lanes	3 Lanes	3 Lanes	3 Lanes	5 Lanes	1 Lane
4.30	3 Lanes	3 Lanes	3 Lanes	3 Lanes	2 Lanes	5 Lanes	1 Lane
5.00	3 Lanes	3 Lanes	Aqua	3 Lanes	2 Lanes	5 Lanes	1 Lane
5.30	5 Lanes	5 Lanes	Aqua	5 Lanes	4 Lanes	5 Lanes	1 Lane
6.00	Aqua	5 Lanes	Aqua	5 Lanes	4 Lanes	Closed	Closed
6.30	Aqua	5 Lanes	Aqua	5 lanes	5 Lanes	Closed	Closed
7.00	3 Lanes	Swim Club	5 Lanes	Swim Club	5 Lanes	Closed	Closed
7.30	3 Lanes	Swim Club	5 Lanes	Swim Club	5 Lanes	Closed	Closed
8.00	5 Lanes	Swim Club	5 Lanes	Swim Club	5 Lanes	Closed	Closed
8.30	5 Lanes	Swim Club	5 Lanes	Swim Club	5 Lanes	Closed	Closed
9.00	Closed	Closed	Closed	Closed	Closed	Closed	Closed

Dress Gym patrons may enter and exit the club wearing gym attire (e.g. singlets, thongs etc) once inside the Gymnasium, **gym shoes must be worn**, NO sandals, open shoes or work boots permitted. Thongs can only be worn in the change rooms or pool area. **Entry into other areas of club dress code is enforced.**